

## Risk assessment template

Company name: Paw Vida Holistic Therapies

Assessment carried out by: Lindsay Cope

Date of next review: Ongoing

Date assessment was carried out: 23/06/20

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Transmission of Coronavirus from therapist (LC) to dog and/or owner whilst working on a mobile basis.	Dog, dog owner and other household members are at risk of contracting COVID-19. And subsequently, any person they have had close contact with between the end of the session and the start of their symptoms.	<p>LC is fully aware of the range of symptoms associated with COVID-19 and will postpone all upcoming appointments if any one of the symptoms occurs. LC will get tested in this instance and await the result and follow guidance on self-isolation before recommending any appointments. LC will utilise Test and Trace in the event of a positive test in order to contact all close contacts.</p> <p>Appointments to take place in an enclosed outside space, such as a garden, where possible. If weather is poor, working under an outdoor shelter, such as a gazebo, tent, canopy or</p>	LC and Owner	Before, during and after each treatment session.	Ongoing

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>outbuilding would be recommended in order to avoid the need for LC to be inside the owner's home or in close proximity to other household members, where risk of transmission is higher. If this set-up isn't possible, treatments will be undertaken in a well ventilated room inside the house, away from all other household members.</p> <p>Owner to open all doors and gateways to give clear access to the treatment area so as to avoid the need for LC to touch any surfaces unnecessarily.</p> <p>Treatments restricted to dogs that are happy to settle away from their owners so that the 2m social distancing rule can be adhered to. In the event that we are unable to maintain the 2m rule, owners will be asked to follow the 1m+ rule by wearing a face covering (if their dog is happy for them to do so) and avoiding face-to-face positioning with LC.</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>No new canine clients will be seen at this time as they are unfamiliar with the process of canine massage and will likely require their owner to be right next to them.</p> <p>Leucillin antiviral spray (which is completely safe for use with dogs and has been proven effective against COVID-19) will be used to spray the dog's coat before and after the treatment (if owner's and the dog are happy for LC to do so). In the event that the spray cannot be used, owners will be advised to shower or bath their dogs with shampoo immediately after the treatment.</p> <p>Owner to remove collars, leads, harnesses, coats etc before LC's arrival to avoid any cross-contamination of these.</p> <p>Minimal equipment will be taken onto the</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>property and therefore from house-to-house to reduce the risk of cross-contamination. Massage couch and vet bed will not be taken. All dogs will be treated at floor level on a waterproof PU leather gym mat which will be sanitised with Leucillin spray before and after every treatment.</p> <p>LC will conduct regular hand hygiene with Leucillin and antibacterial gel before and after the treatment sessions. As well as with soap and water as often as possible throughout the day.</p> <p>Any surfaces touched by LC will be sprayed with Leucillin and wiped with a clean cloth.</p> <p>A clean pair of medical scrubs and a mask (if the dog is happy with this) will be worn to each appointment. These will be removed following 'doffing' protocols once LC has left the property and before</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>entering the car. They will be sealed in a clean laundry bag inside a plastic bag and laundered appropriately on arrival home.</p> <p>All common contact surfaces in the car will be sanitised with Leucillin antiviral spray, including door handles, seat belt, steering wheel, gear stick, handbrake, indicator and light sticks etc.</p> <p>All treatment notes will be made after the appointment to reduce the amount of time on the premises and cross-contamination of the iPad/stationary.</p> <p>As LC will be using reusable PPE and cleaning cloths, it is unlikely that any rubbish will be created. However, in the event that any rubbish is created by LC at the time of the appointment, it will be removed and disposed of appropriately by LC.</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>Payment will be by bank transfer preferably. If owners are unable to pay in this manner, the correct cash or a cheque will need to be ready as LC will not be carrying a float so as to avoid cross-contamination of cash between different owners.</p> <p>Owners are to wash their hands after LC's departure.</p>			
<p>Transmission of Coronavirus from owner and/or dog to therapist whilst working on a mobile basis.</p>	<p>Therapist, their household members, and vulnerable family members are at risk of contracting COVID-19. And subsequently, all other close contacts and owners at other appointments in the subsequent 14</p>	<p>An electronic health screening questionnaire will be sent to all owners a day prior to their appointment to ensure they are not suffering with any symptoms of COVID-19, have not travelled from outside of the UK in the previous 14 days, or been in contact with any person who is suspected to have COVID-19 or has travelled outside of the UK within the last 14 days.</p> <p>Owners are asked to adhere to the 2m social distancing guidelines throughout</p>	<p>LC and Owner</p>	<p>Before, during and after each treatment session.</p>	<p>Ongoing</p>

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
	<p>days or prior to the onset of symptoms.</p>	<p>the appointment. If we are not able to maintain the 2m distance, owners will be asked to follow the 1m+ rule by wearing a face covering (if the dog is happy for them to do so) and avoiding face-to-face positioning with LC.</p> <p>Owners are to ensure they have washed their hands prior to LC's arrival.</p> <p>Appointments to take place in an enclosed outside space, such as a garden, where possible. If the weather is poor, working under an outdoor shelter, such as a gazebo, tent, canopy or outbuilding would be recommended so as to avoid the need for LC to work and touch surfaces inside the owner's home and in close proximity to other household members, where risk of transmission is higher. If this set-up isn't possible, LC will work in a well-ventilated room within the house, away from all other household members.</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>Owner to open all doors and gateways to give clear access to the treatment area so as to avoid the need for LC to touch any surfaces unnecessarily.</p> <p>Owners to remove collars, leads, harnesses, coats etc before LC's arrival to avoid LC needing to touch these.</p> <p>Treatments will be restricted to dogs that are happy to settle away from their owners so that the 2m social distancing rules can be adhered to. If we are unable to maintain the 2m distance, owners will be asked to follow the 1m+ rule by wearing a face covering (if their dog is happy for them to do so) and avoiding face-to-face positioning with LC.</p> <p>No new canine clients will be seen at this time as they are unfamiliar with the canine massage process and will likely require their owner to be right next to</p>			



What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>them.</p> <p>Leucillin antiviral spray (which is completely safe for use with dogs and has been proven effective on COVID-19) will be used to spray the dog's coat before the treatment (if the owner and dog are happy for LC to do this). If this is not possible, LC will avoid touching her face throughout the treatment and sanitise her hands immediately afterward.</p> <p>All dogs will be treated at floor level on a waterproof PU leather gym mat which will be sanitised with Leucillin antiviral spray after the treatment to remove dog hair and any possible droplets that have fallen from the dog being transported back into and thus contaminating the car.</p> <p>LC will conduct regular hand hygiene with Leucillin and antibacterial gel before and after the treatment sessions and after any common contact surfaces are touched.</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>LC will also use soap and water as often as possible throughout the day.</p> <p>LC will wear a face mask throughout the appointment providing the dog is comfortable with this.</p> <p>LC will change out of medical scrubs and face mask following 'doffing' protocols upon leaving the property and before entering the car. These will be sealed in a clean laundry bag inside a plastic bag and laundered appropriately on arrival home.</p> <p>Payment will be by bank transfer preferably. If owners are unable to pay in this manner, the correct cash or a cheque will need to be ready as LC.</p>			
Therapist falling ill with symptoms or testing positive for COVID-19.	LC's household members, vulnerable family members, and any	LC will postpone all upcoming appointments as soon as symptoms are noticed. LC will be tested for COVID-19 in this instance and await the result.	LC	Immediately upon noticing any symptoms or receiving a positive	Ongoing

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
	<p>close contacts and owners/dogs that have been seen in the 14 days prior to the onset of symptoms/positive test are at risk of contracting COVID-19.</p>	<p>In the event of a positive test result (with or without symptoms), LC will follow self-isolation guidelines and utilise Test and Trace to contact all close contacts.</p> <p>Owner should also subsequently utilise Test and Trace to contact their own close contacts.</p>		<p>test in the absence of symptoms.</p>	
<p>An owner or dog falling ill or testing positive for COVID-19 within 14 days since the treatment session.</p>	<p>Owner's household members and any close contacts within the previous 14 days are at risk of contracting COVID-19.</p> <p>LC, LC's house members, LC's vulnerable family members and any close contacts and</p>	<p>LC will immediately get tested and will postpone upcoming appointments until the result. If the test is positive, LC will follow self-isolation guidelines and utilise Test and Trace to contact all close contacts.</p> <p>Owner should utilise Test and Trace to contact their own at risk persons (close contacts).</p>	<p>LC and Owner</p>	<p>Immediately upon being notified that symptoms or a positive test has occurred.</p>	<p>Ongoing</p>

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
	<p>owners/dogs who have been seen since the appointment with the dog/owner who has since fallen ill/tested positive for COVID-19 are at risk of contracting COVID-19.</p>				
<p>Transmission through equipment moving from house to house.</p>	<p>LC, Owner, dogs, and all other household members from both parties are at risk of contracting COVID-19 and subsequently any close contacts within the next 14 days.</p>	<p>Minimal equipment will be taken onto the property for the appointment. Any equipment/personal items taken (keys, phone/cleaning products) will be sanitised with Leucillin antiviral spray and a clean cloth before and after every household.</p> <p>Massage couch and vet bed will not be taken. All dogs will be treated at floor level on a waterproof PU leather gym mat which will be sanitised with Leucillin antiviral spray before and after each</p>	<p>LC</p>	<p>Before, during and after every treatment.</p>	<p>Ongoing</p>

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>treatment.</p> <p>Payment will be by bank transfer preferably. If owners are unable to pay in this manner, the correct cash or a cheque will need to be ready as LC will not be carrying a float so as to avoid cross-contamination of cash between different owners.</p> <p>Treatment notes will be done after the appointment so as to avoid cross contamination of the iPad/stationary.</p> <p>A clean pair of medical scrubs and a mask (providing the dog is happy for LC to do this) will be worn to each household. LC will follow recommended guidelines on 'donning and doffing'. The scrubs and mask will be removed after leaving the property and before getting into the car and will be sealed in a clean laundry bag within a plastic bag and laundered appropriately upon arrival home.</p>			

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>The common contact points in the car will be sanitised regularly.</p> <p>As LC will be using reusable PPE and cleaning cloths, it is unlikely that any rubbish will be created. However, in the event that any rubbish is created by LC at the time of the appointment, it will be removed and disposed of appropriately by LC.</p>			
<p>Viral transmission through linen/laundry.</p>	<p>LC</p>	<p>Medical scrubs and masks will be removed following 'doffing' protocols after leaving the property and before entering the car. They will be sealed in a clean laundry bag within a plastic bag.</p> <p>A clean laundry bag will be utilised at each household so as not to reopen previously sealed bags.</p> <p>Upon arrival home, the laundry bags will be placed directly into the washing</p>	<p>LC</p>	<p>After each appointment.</p>	<p>Ongoing</p>

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
		<p>machine and washed at 60 degrees.</p> <p>Hand hygiene protocols will be conducted before and after handing laundry bags and linen.</p>			
<p>Risk of bite incidence with dog not used to PPE.</p>	<p>LC and Owner (if redirecting)</p>	<p>LC will only wear a facemask if the dog is comfortable with this. Any signs of unease will be monitored and the mask removed immediately. The risk of transmission from the dog to LC is minimal and owners are advised to adhere to social distancing rules.</p> <p>Owners are advised where possible to try to desensitise their dog/s to facemasks.</p> <p>No new canine clients will be seen at this time as they do not know LC, are not familiar with the canine massage session, and may likely require their owner to be next to them.</p>	<p>LC and Owner</p>	<p>Before and during each treatment.</p>	<p>Ongoing</p>
<p>Contact dermatitis from high usage of</p>	<p>LC</p>	<p>All hand soaps used will contain no harsh chemicals and only naturally occurring</p>	<p>LC</p>	<p>Ongoing.</p>	<p>Ongoing</p>

What are the hazards?	Who might be harmed and how?	What are the measures being taken to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
antibacterial gels and hand soaps and donning of face masks.		<p>anti-bacterial ingredients.</p> <p>Hands will be moisturised regularly with a gentle healing cream/balm.</p> <p>A variety of face masks are to be used with both elasticated and tie straps so as to avoid the same contact point on the skin all of the time.</p> <p>The facial skin will be moisturised regularly with a gentle healing cream or balm.</p>			

More information on managing risk: [www.hse.gov.uk/simple-health-safety/risk/](http://www.hse.gov.uk/simple-health-safety/risk/)